

The Race – What Is It?

Hebrews 12:1-4

I It Is Life In Christ

- A. We must first of all be in the race.

- B. Not just anyone could run in the Olympics.

- C. Those entered in a race are identified.

II It Is Participation By All

- A. The Olympics involve many people.

- B. None of these are running the race.

- C. The Christian life is not a spectator sport.

III It Is Personal Preparation

- A. Self-control is needed – I Corinthians 9:24-25.

- B. Discipline is necessary – I Corinthians 9:27

IV It Is Practical Spiritual Activities

- A. Some other uses of this word show us this.
- B. We are not talking about a physical race.

V It Is Following The Course Laid Out

- A. It is “set before us” – Hebrews 12:1
- B. Preparation to stay on course is important.
- C. God wants us to stay on His course.

VI It Is Viewing The Race As A Contest To Be Won

- A. “Race” is from the word “agony.”
- B. This race is a contested race.
- C. We are to run to win – I Corinthians 9:24.

VII It Is Keeping On By God’s Grace and Encouragement

- A. Hebrews warns of the danger of not “going forward.”
- B. We will see the keys to going forward.